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presents



THE 2023 WISS Best of the West



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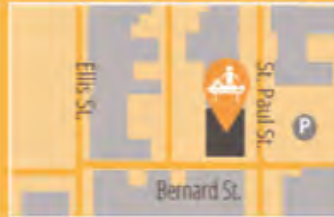
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DOWNTOWN KELOWNA

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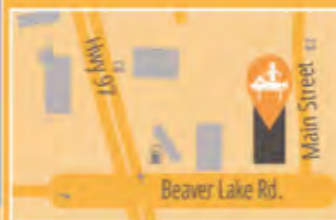
downtown@suncityphysiotherapy.com



NORTH GLENMORE

#103-437 Glenmore Road,
Kelowna, BC V1V 1Y5
Ph: 250.762.6313

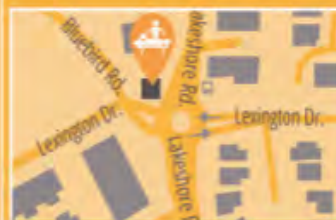
glenmore@suncityphysiotherapy.com



LAKE COUNTRY / WINFIELD

#40-9522 Main Street,
Lake Country, BC V4V 2L9
Ph: 250.766.2544

winfield@suncityphysiotherapy.com



LOWER MISSION

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Welcome Messages & Land Acknowledgment

A Message from Kevin Kaardal, Superintendent of Schools/CEO, SD 23 Central Okanagan



Central Okanagan Public Schools takes great pride in welcoming you to the Best of the West Volleyball Championships Tournament. I am pleased to acknowledge that this tournament is taking place on the unceded traditional territories of the Okanagan Peoples.

Congratulations to the teams who are competing in this year's tournament. You are here because of your hard work and dedication – whether your role is as a coach, manager or player. Many athletes who participate in this tournament go on to play post-secondary volleyball, some even get to play nationally for Canada. Competitions like these are important to the formation of elite and recreational volleyball athletes alike. Volleyball is a sport you can play for much of your life, and it will foster friendships and support a healthy life. Enjoy the great atmosphere that is always a trademark of this event.

To the parents, guardians, supervisors and fans who have traveled from outside the region to attend this year's event, we wish you a warm Okanagan welcome and invite you and your families back to our paradise in the valley during the summer to enjoy the warmth of the sun and the multitude of activities and events that occur here.

Congratulations to the tournament committee and the entire École Kelowna Secondary School staff and community. You deserve recognition and the gratitude of all of the participants for the sacrifices that you have made to provide this opportunity to compete for the participating teams and their fans. We sincerely hope that the players who are here representing their schools and provinces will reflect back on this weekend in the months and years to come as one of the most memorable experiences of their high school years.

A special thanks to the District Indigenous Education Department for bridging us with Elder Grouse Barns in support of helping us with efforts towards Truth and Reconciliation.



"As a settler on these lands, I humbly and gratefully acknowledge that this tournament is being held on the unceded, Traditional Territory of the Okanagan Syilx Peoples. How fortunate are we to live, learn, work, and play our favourite sports on these beautiful lands."

"Today, Central Okanagan Public Schools marks the National Day for Truth and Reconciliation as well as Orange Shirt Day. Throughout the week, our school engaged in learning about truth, reflection, and reconciliation. We are committed to ongoing deep learning about Indigenous ways of knowing and being. On Monday, we held a moment of silence for 215 seconds, a moment of time symbolic of recent recoveries at residential school sites, a number that we know now is much larger than 215."

Prior to starting today's tournament, we ask that all players, coaches, staff, spectators, and community members bow their heads for a moment of silence in honour of all Indigenous children and families impacted by the residential school system.

We will continue to work alongside Indigenous leaders, communities, and families in our district with cultural humility. We are grateful to those who have led this important work thus far, and we commit to continuing this journey for the sake of all the children entrusted to our care."

2021 Best of the West Tournament Awards

BOYS TOP 4 PLACINGS

- 1st KSS
- 2nd Langley Christian
- 3rd Abbotsford Christian
- 3rd Pacific Academy

All Stars

- #8 Seba Manuel - KSS
- #2 Walker Sodaro - KSS
- #9 Hudson Farrell - KSS
- #23 Owen McParland - KSS
- #5 Lucas W - LCS
- #9 Elijah C - LCS
- #2 Nate Kang - PA
- #9 Kyden Dmitriuk - PA
- #9 Luc Brandesma - ACS
- #7 Landon Morrow - ACS

GIRLS TOP 4 PLACINGS

- 1st KSS
- 2nd OKM
- 3rd Abbotsford Christian
- 3rd Pacific Academy

All Stars

- #7 Abby Hettinga - KSS
- #1 Mikki Green - KSS
- #13 Ryenn Schutz - KSS
- #2 Tarynn Hope - KSS
- #1 Bella Filepako - OKM
- #11 Grace Blaskovitz - OKM
- #13 Natasha Lawl - PA
- #13 Megan Vaags - ACS
- #4 Lauren Bowman - ACS

KSS and the Best of the West would like to thank Volo Sport, UBCO Women's Volleyball, Compass Sports and The Payton & Dillon Budd Memorial Fund for sponsoring our All Star Awards!!!



Kelowna Owls Volleyball Alumni



Braden White - Setter
University of Fraser Valley
 "He's a tall, athletic setter, and I think he has a lot of upside," Bennett said. "It might take him a year or two to figure out the level of play in Canada West, but he's going to be a great setter in this league."



Ethan Braam
College of the Rockies
 Braam, a 2020 graduate from Kelowna Secondary and member of the Kelowna Volleyball Club. A multi-sport athlete, he has earned both a silver medal in senior boys' provincial volleyball and two silver medals in basketball provincial competition.



JUSTIN PELESHYTYK
 KELOWNA, B.C. • KELOWNA SECONDARY

KEYSHON JACKSON
 KELOWNA, B.C. • KELOWNA SECONDARY



Kyle Butchart
UBCO Heat

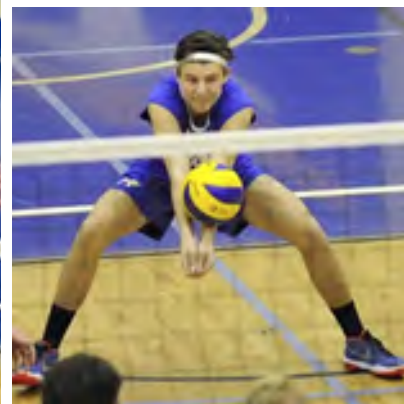


Matt Cespedes
College of the Rockies



Thys Westrate
UBCO Heat

Sam Taylor Parks
TRU



Devon Cote UBCO **Eli Risso - UBCO Heat**



Ryan Samuelson
Nipissing University



Chris Mitchell
UBCO Heat



Leo Scober - UBCO Heat
VC Amstetten Austria

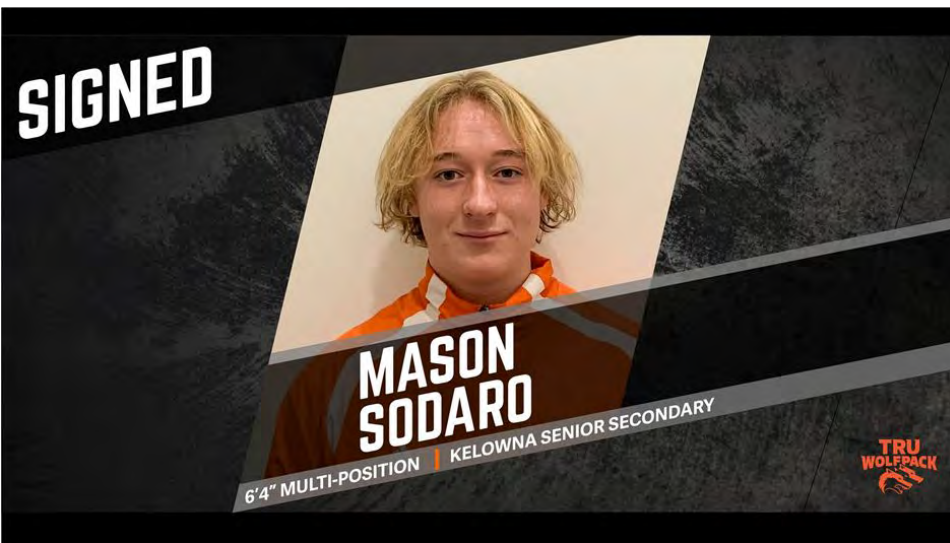


Tyson Embree - Douglas



Max McDonald - VIU

Kelowna Owls Volleyball Alumni



"I have known Mason Sodaro and his dad Mike, who is also the KSS head coach for many years. I am very pleased that Mason accepted our offer to join the WolfPack program. I was looking for a player who can play multiple positions and feel that Mason will be a great fit," he says.

"It is always helpful in a program to have a guy who can fill multiple roles. Mason has been a middle, outside, libero and even set a bit; he is not only able but willing to fill any need the team has. Mason will add to the culture of the team both on and off the court."



TRU Volleyball Coach Pat Hennelly said that the university is "pleased to announce Rylan Ibbetson as another recruit for our 2021 class. Rylan is an emerging athlete, who was on my radar as a potential recruit before club and high school sports shut down." "It was an interesting process to piece together information from both sides to make this commitment happen."



A graduate of Kelowna Secondary, Waterhouse becomes the fourth player on the WolfPack roster from Kelowna and plans on studying general arts at TRU.

"I have had solid connections with Kelowna coaches for a few years," said Hennelly. "Kelowna has been a city that has also developed a lot of talent. Joining for the 2022-23 season, Waterhouse adds to the ever-growing Kelowna contingent on the team and will be welcomed by some familiar faces."

"Mason Sodaro and Rylan Ibbetson are two of my childhood best friends and it's always been a dream of ours to play together," said Waterhouse. "It's pretty awesome to have this chance and I'm excited."

OWEN WATERHOUSE

Kelowna, BC | Left Side
6-3 | Kelowna Secondary

The UBCO Heat men's volleyball team announced three new additions to their recruiting class, including a number of high-profile local recruits. Seba Manuel, Hudson Farrell and Sam Jablonski highlight the latest additions to a Heat squad that is on the rise and this group promises to help the team continue to rise in the Canada West conference.

Manuel, a 6-5 outside hitter, is undoubtedly the forerunner of the 2022 incoming class and is widely regarded as the top prospect in the province of British Columbia. Manuel brings with him a highly touted resume which includes MVP honours from two separate tournaments in 2021, the Best of the West Invitational and the UBC Invitational, provincial All-Star recognition in 2019, and as well as captaining the 2021 AAA Provincial Champion Kelowna SS Owls.



PAYTON *THE* **AND DILLON BUDD**
M E M O R I A L F U N D



Supporting positive Mental Health

2022 KSS OWLS Jr. Boys Volleyball



#	Last Name	First Name	Position
15	Arnold	Sam	Libero
16	Bone	Elliot	Setter/Lib
18	Farrell	Weston	Leftside
21	Gilbert	Tomi	Leftside
22	Goodman	Gavin	Middle
23	Yamoaka	Jayden	Leftside
26	Good	Christopher	Setter
27	Jablonski	William	Setter/RS
17	Meyer	Jordan	Leftside/RS
30	Bloemberg	Robin	Middle
4	Brown	Griffin	Rightside
	Head Coach	Jason Friesen	
	Asst Coach	Kyle Joslin	
	Bench Manager	Evan Friesen	

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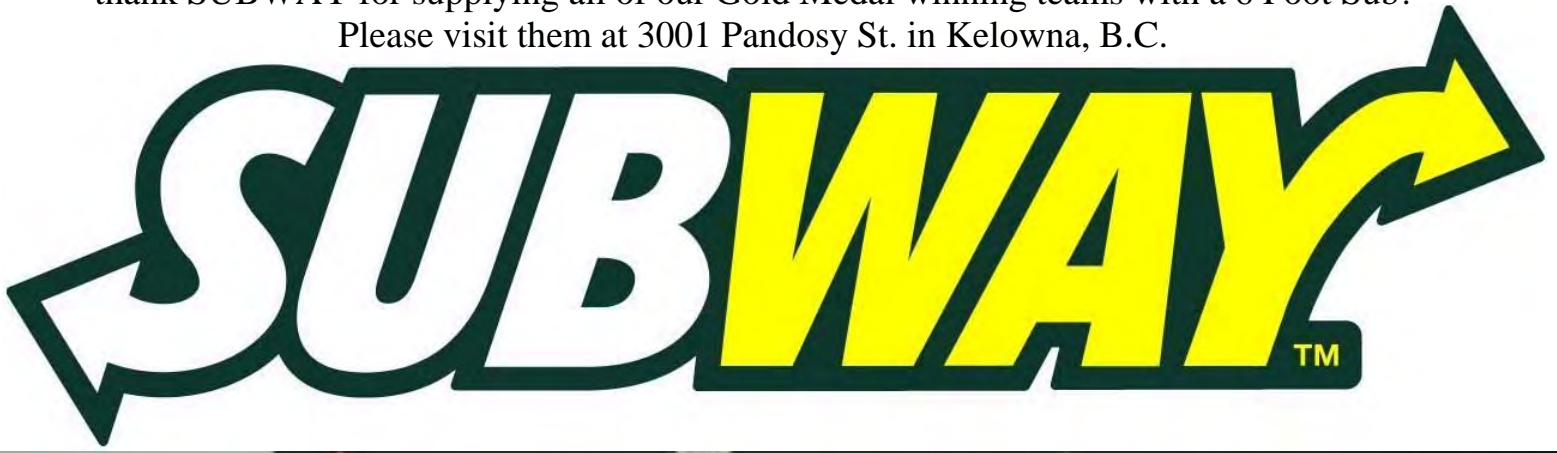
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THANK YOU SUBWAY

Kelowna Secondary School and the Best of the West Tournament Committee would like to thank SUBWAY for supplying all of our Gold Medal winning teams with a 6 Foot Sub!
Please visit them at 3001 Pandosy St. in Kelowna, B.C.



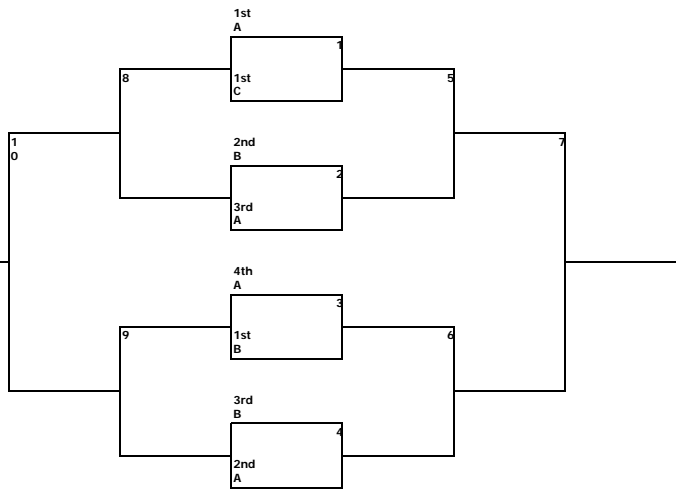
2022 KSS AAA BOYS VOLLEYBALL ROSTER



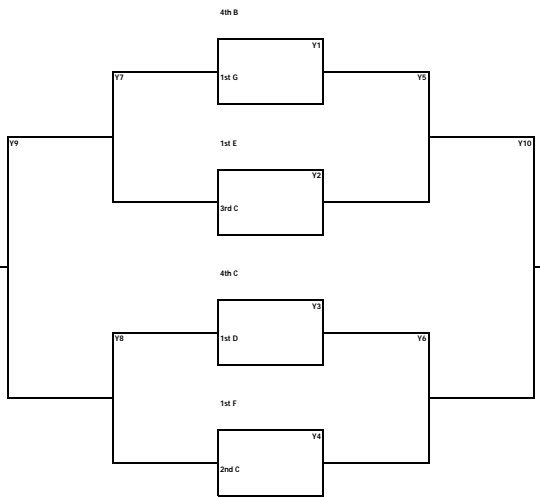
1	Chey Ragoonaden	L	5'11	11
2	Walker Sodaro	S	6'2	12
3	Nash Semeniuk	P	6'1	11
5	Matthew Chayka	RS	6'3	11
6	Dominic Sodaro	S	6'0	10
7	Tyler Valuck	M	6'5	12
8	Connor Collinson Lea	P/L	6'3	11
9	Owen McParland	P	6'2	12
10	Kian Bos	M	6'4	12
11	Lincoln Wagner	M	6'6	11
12	Eddy Kallo	M	6'1	11
14	Lynden Infanti	P	6'1	12
24	Erik Wheeler	RS	6'1	11
25	Tristan Shanks	M	6'3	11
Manager	Jack Waterhouse	L	6'3	11
Coaches	Mike Sodaro	Brady Ibbetson		

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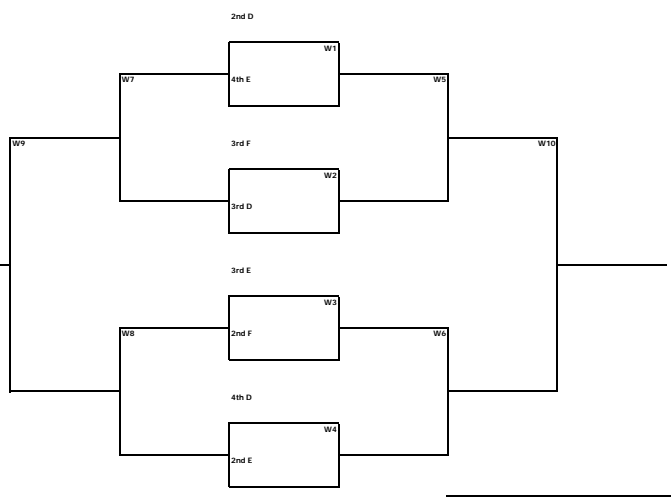
**2022 Sr. Boys Best of the West Volleyball
Gold Championship Playoff Division**



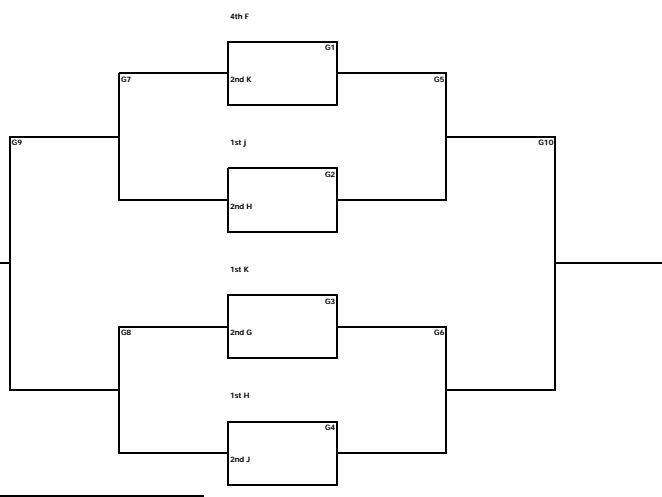
**2022 Sr. Boys Best of the West Volleyball Yellow
Playoff Division**



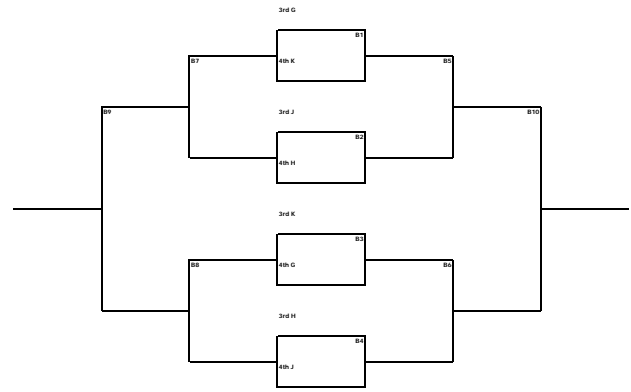
**2022 Sr. Boys Best of the West Volleyball
White Playoff Division**



**2022 Sr. Boys Best of the West Volleyball
Grey Playoff Division**



**2022 Sr. Boys Best of the West Volleyball
Black Playoff Division**



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THE PAYTON AND DILLON BUDD MEMORIAL FUND

PRESENTS:
**2022 Sr. Boys Best of the West Volleyball
 High School Volleyball Championships
 October 13th - 15th**



GOLD			
Pool A		Pool B	
A1	KSS	B1	Abby Christian
A2	Harry Ainlay	B2	South Kamloops
A3	Duchess Park	B3	Sahali
A4	Elgin Park	B4	Vancouver Christian



Yellow							
Pool C		Pool D		Pool E		Pool F	
C1	OKM	D1	Prince George	E1	Mt. Boucherie	F1	Vernon Christian
C2	Kalamalka	D2	Vernon	E2	Pacific Academy	F2	Seaton
C3	DP Todd	D3	Unity Christian	E3	Burnaby Central	F3	Louis St. Laruent
C4	Our Lady of Mount Pleasant	D4	Mt. Baker	E4	Penticton	F4	College Heights



Black							
Pool G		Pool H		Pool J		Pool K	
G1	George Elliott	H1	Kelowna Christian	J1	Immaculata	K1	Rutland
G2	Summerland	H2	Guildford Park	J2	Southpointe	K2	Princess Margaret
G3	GW Graham	H3	South Okanagan	J3	Salmon Arm	K3	Walnut Grove
G4	Westsyde	H4	Enver Creek	J4	Grand Forks	K4	Fernie



Thursday	KSS	OKM	
TIMES	<u>Court 1</u>	<u>Court 4</u>	
2:00pm	A1 v A2	C1 v C4	1pm

Friday	KSS	KLO	OKM	Canyon	MBSS	GESS	KCS	IMM	RSS
TIMES	<u>Court 1</u>	<u>Court 2</u>	<u>Court 3</u>	<u>Court 4</u>	<u>Court 5</u>	<u>Court 6</u>	<u>Court 7</u>	<u>Court 8</u>	<u>Court 9</u>
9am	A1 v A3		C1 v C2	F1 v F3					
10:20am	B3 v B4		D1 v D2	F2 v F4					
11:40am	A2 v A3		C2 v C4	F1 v F4					
1pm	A1 v A4		D1 v D4	F2 v F3	E1 v E4	G1 v G2	H1 v H3	J1 v J3	K1 v K2
2:20pm	B1 v B4	B2 v B3	C1 v C3	F1 v F2	E2 v E3	G3 v G4	H2 v H4	J2 v J4	K3 v K4
3:40pm	A3 v A4		D1 v D3	D2 v D4	E1 v E3	G1 v G4	H1 v H4	J1 v J4	K1 v K3
5pm	B1 v B2		C3 v C4	F3 v F4	E2 v E4	G2 v G3	H2 v H3	J2 v J3	K2 v K4
6:20pm	A2 v A4		C2 v C3	D3 v D4	E1 v E2	G1 v G3	H1 v H2	J1 v J2	K1 v K4
7:40pm	B1 v B3	Girls	B2 v B4	D2 v D3	E3 v E4	G2 v G4	H3 v H4	J3 v J4	K2 v K3

Saturday	KSS	KLO	KLO	OKM	OKM	MBSS	MBSS	KCS	KCS
TIMES	<u>Court 1</u>	<u>Court 2</u>	<u>Court 3</u>	<u>Court 4</u>	<u>Court 5</u>	<u>Court 6</u>	<u>Court 7</u>	<u>Court 8</u>	<u>Court 9</u>
9:00	1	B1	B2	Y1	Y2	W1	W2	G1	G2
10:20	2	B3	B4	Y3	Y4	W3	W4	G3	G4
11:30	3	B5	B6	Y5	Y6	W5	W6	G5	G6
12:50	4	B7	B8	Y7	Y8	W7	W8	G7	G8
2:00	5	B9	B10	Y9	Y10	W9	W10	G9	G10
3:10	6	8	9						
4:20	7	10							

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THE PAYTON AND DILLON BUDD MEMORIAL FUND

PRESENTS:
2022 Sr. Girls Best of the West Volleyball High School Volleyball Championships October 13th - 15th



GOLD			
Pool A		Pool B	
A1	KSS	B1	OKM
A2	Harry Ainlay	B2	George Elliott
A3	South Delta	B3	Seaton
A4	College Heights	B4	Duchess Park



Yellow							
Pool C		Pool D		Pool E		Pool F	
C1	Mount Boucherie	D1	LV Rogers	E1	Vernon	F1	Immaculata
C2	Kalamalka	D2	DP Todd	E2	Southpointe	F2	Selkirk
C3	Pacific Academy	D3	Louis St. Laurent	E3	Penticton	F3	Our Lady of Mount Pleasant
C4	Abbotsford Christian	D4	Fulton	E4	Mt. Baker	F4	Fernie



Black							
Pool G		Pool H		Pool J		Pool K	
G1	Summerland	H1	Vernon Christian	J1	Kelowna Christian	K1	Rutland
G2	Princess Margaret	H2	Guildford Park	J2	GW Graham	K2	Merritt
G3	Mt. Sentinel	H3	South Okanagan	J3	Salmon Arm	K3	Walnut Grove
G4	Sahali	H4	Golden	J4	Grand Forks	K4	Vancouver Christian



Thursday	KSS	OKM	IMM	Pool I			
TIMES	Court 11	Court 13	Court 15	I1	Osoyoos	I3	KSS Black
2:00pm	A1 v A2	B1 v B2	F1 v F3	I2	SA B Team	I4	KSS Gold

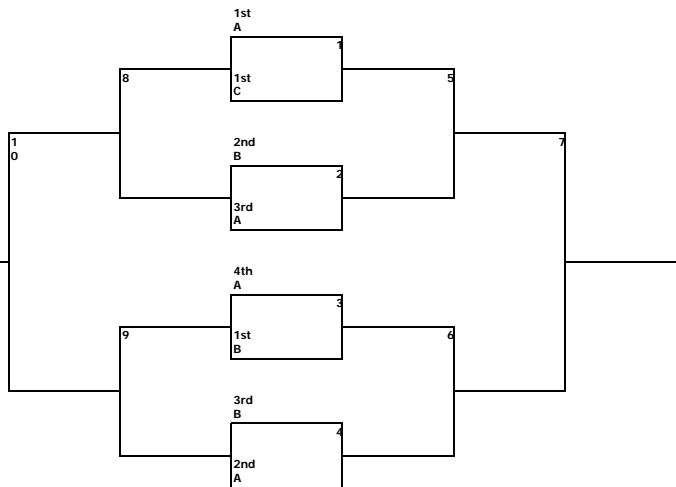
Friday	KSS	KLO	OKM	MBSS	IMM	GESS	KCS	RSS
TIMES	Court 11	Court 12	Court 13	Court 14	Court 15	Court 16	Court 17	Court 18
9am	D1 v D3	D2 v D4	B1 v B3		F1 v F4			
10:20am	A1 v A4	G1 v G2	B2 v B4		F3 v F4			
11:40am	A2 v A3	E1 v E4	B3 v B4		F2 v F3		J1 v J3	
1pm	D1 v D4	D2 v D3	E2 v E3	C1 v C2	G1 v G4	H1 v H3	I1 v I2	K1 v K2
2:20pm	A1 v A3	Boys	B1 v B4	C3 v C4	G3 v G4	H2 v H4	J2 v J4	K3 v K4
3:40pm	A2 v A4	E2 v E4	E1 v E3	C1 v C4	F1 v F2	H1 v H4	J1 v J4	K1 v K3
5pm	D1 v D2	D3 v D4	B2 v B3	C2 v C3	G2 v G3	H2 v H3	J2 v J3	K2 v K4
6:20pm	A3 v A4	E3 v E4	E1 v E2	C1 v C3	F2 v F4	H1 v H2	J1 v J2	K1 v K4
7:40pm	G2 v G4	I1 v I3	I2 v I4	C2 v C4	G1 v G3	H3 v H4	J3 v J4	K2 v K3

Saturday	KSS	IMM	IMM	GESS	GESS	RSS	RSS	RSS
TIMES	Court 11	Court 12	Court 13	Court 14	Court 15	Court 16	Court 17	Court 18
9:00	1	W1	W2	Y1	Y2	G1	G2	B1
10:20	2	W3	W4	Y3	Y4	G3	G4	B2
11:30	3	W5	W6	Y5	Y6	G5	B3	B4
12:50	4	W7	W8	Y7	Y8	G6	B5	B6
2:00	5	W9	W10	Y9	Y10	G7	G8	B7
3:10	6	8	9	Y11	Y12	G9	B8	B9
4:20	7	10		Y13	Y14	G10	B10	

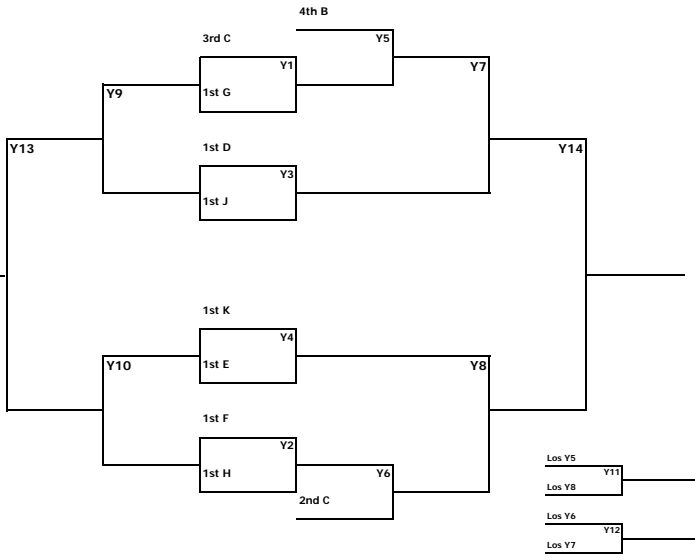
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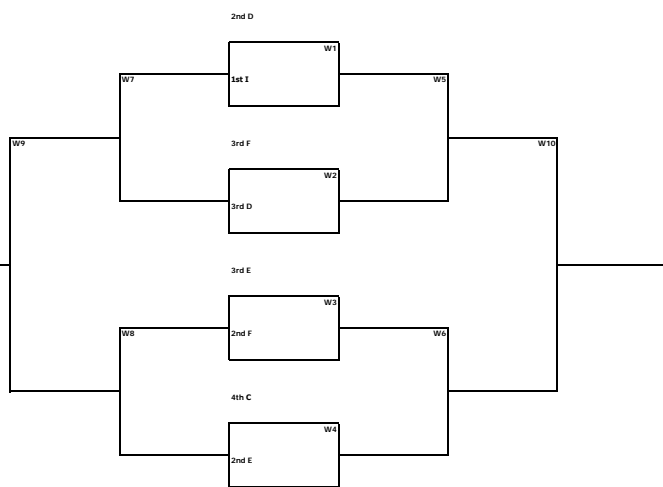
2022 Sr. Girls Best of the West Volleyball Gold Championship Playoff Division



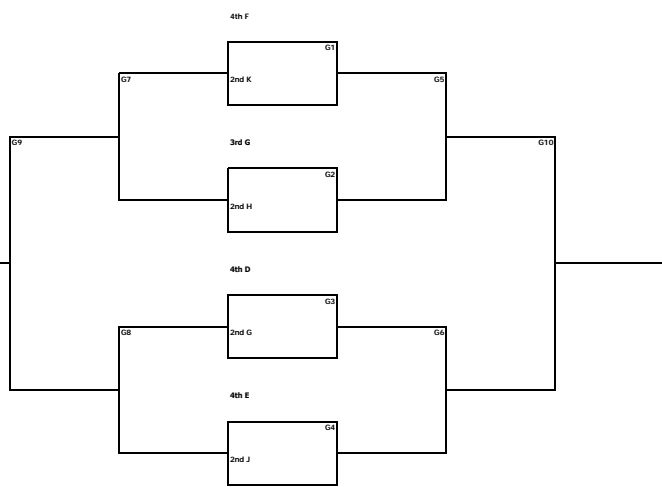
2022 Sr. Girls Best of the West Volleyball Yellow Playoff Division



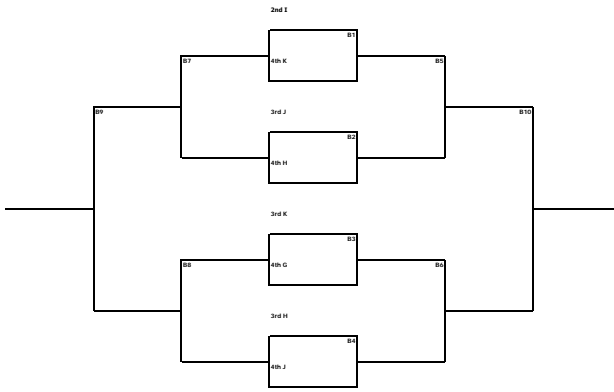
2022 Sr. Girls Best of the West Volleyball White Playoff Division



2022 Sr. Girls Best of the West Volleyball Grey Playoff Division



2022 Sr. Girls Best of the West Volleyball Black Playoff Division



2022 KSS OWLS SR. GIRLS 'AAAA' VOLLEYBALL

TWO THOUSAND TWENTY TWO

VOLLEYBALL



NO.	LAST NAME	FIRST NAME	POSITION
1	Malish	Brienne	Outside
2	Martinez	Havana	Outside
3	McCarthy	Tennyson	Middle
5	Cencig	Calista	Setter
7	Schutz	Ryenn	Middle
9	Bargery	Jada	Middle
10	Vicaretti	Sophia	Outside
13	Desjarlais	Jaya	Outside
16	Sterner	Lilly	Outside
17	Walker	Summer	Setter
18	Green	Ella	Outside
24	Keler	Hanna	Outside
	Friend	Jill	Asst. Coach
	Corneil	Claudia	Asst. Coach
	Schutz	Scott	Head Coach

History of the Best of the West

- 2021 Best of the West Champions – Kelowna Secondary Girls & Kelowna Secondary Boys
- 2019 Best of the West Champions – Kelowna Secondary Girls & Vernon Christian Boys
- 2018 Best of the West Champions – Cochrane Girls & George Elliott Boys
- 2017 Best of the West Champions – Jasper Place Girls & Jasper Place Boys
- 2016 Best of the West Champions – Langley Christian Girls & Pacific Academy Boys
- 2015 Best of the West Champions – Langley Christian Girls & MEI Boys
- 2014 Best of the West Champions – Pacific Academy Girls & MEI Boys
- 2013 Best of the West Champions – South Kamloops Girls & MEI Boys
- 2012 Best of the West Champions – Kelowna Secondary Girls & Frazer Heights Boys
- 2011 Best of the West Champions – Kelowna Secondary Girls & College Heights Boys
- 2010 Best of the West Champions – Kelowna Secondary Girls & Semiahmoo Boys
- 2009 Best of the West Champions – Kelowna Secondary Girls & Earl Marriott Boys
- 2008 Best of the West Champions – Kelowna Secondary Girls & Kelowna Secondary Boys
- 2007 Best of the West Champions – Kalamalka Girls & Penticton Secondary Boys





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ARMADA
STEEL CORP.



2022 KSS Junior Girls Team Black



#	Last Name	First Name	Position
4	Cescon	Nya	Setter
6	Bonn	Mackenna	Leftside/Middle
8	Davies	Lexi	Libero
11	McAndie	Cameron	Middle
20	Bondaroff	Aleda	Middle
23	Donnely	Carrie	Rightside
25	Ungaro	Maniya	Leftside
26	Moore	Krysten	Rightside
27	Vicaretti	Stella	Setter
29	Schindler	Cailey	Middle
28	Marble	Kaia	Leftside
30	Shardlow	Gillian	Leftside
	Letwin	Shallen	Head Coach
	Blaskovits	Darin	Assistant Coach
	Green	Jeni	Assistant Coach

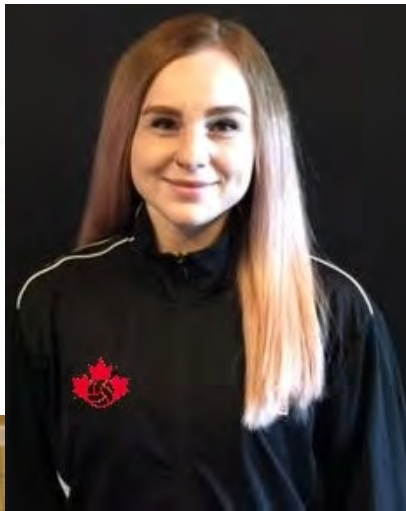


2022 KSS OWLS Jr. Girls Team Gold



#	Last Name	First Name	Position
6	Buhman	Anika	Left side
5	Cleator	Mackenzie	Left side
13	French	Kyla	Middle
8	Guignard	Jolie	Setter
15	Kavalenka	Kai	Middle
7	Roberts	Janaya	Setter / Left side
3	Sarin	Niki	Middle
2	Schimmelmann	Madori	Libero
14	Tinling	Grace	Left side
10	Widmark	Sydney	Right side
	Guignard	Sylvain	Coach
	Guignard	Jaci	Coach

Kelowna Owls AAAA Girls Volleyball Alumni



Kennedy
Snape

Team Canada

University of
Calgary

Libero



Marisa Field - Middle
2002 - 2005



Kobi Christensen - Power Hitter
2006 - 2008



Chandler Proach - Setter
2006 - 2009

Kaitlyn Given - Power
2009 - 2011



Nathalie
Demmers
Libero

NEW PROFILE
2016 INCOMING CLASS

**QUINCI
BIRKER**
5-10 | OUTSIDE HITTER / SETTER
KELOWNA SECONDARY
JUNIOR HEAT
KELOWNA, BC

**UBC OKANAGAN
VOLLEYBALL**

Kailyn Jones - Libero
2006 - 2009

NEW PROFILE
2017 INCOMING CLASS

**SADIE
TAYLOR-PARKS**
6-11 | MIDDLE
KELOWNA SECONDARY
JUNIOR HEAT
KELOWNA, BC

**UBC OKANAGAN
VOLLEYBALL**

**STEPHANIE
TEMME**
6-0 | OUTSIDE HITTER
KELOWNA SECONDARY
JUNIOR HEAT VOLLEYBALL CLUB
KELOWNA, BC

**UBC OKANAGAN
VOLLEYBALL**

SPORTSPAGE
Nov. 2, 2014

SIMMERING HEAT

Kailyn Jones and the UBCO Heat fell twice to their big-sister UBC Thunderbirds after going into the weekend ranked No. 3 in the CIS.

SPORTSPAGE
June 25, 2014

HEAT SET FOR LONG SEASON

Kelowna's Kaitlynn Given and her UBCO Heat teammates will play an expanded schedule in the CIS-Canada West Division in the 2014-15 season.

Kelowna Owls AAAA Girls Volleyball Alumni



#NEWHEAT
2020 INCOMING RECRUIT

Madelyn
HETTINGA

6-11 MIDDLE / LS
KELOWNA SECONDARY
JUNIOR HEAT
KELOWNA, BC

COMMITTED

UBCO WOMEN'S VOLLEYBALL

HEAT
VOLLEYBALL



KeLOWNA Senior Se...

CELANO Blues ONTARIO

SIGNING ALERT
BC SHOWCASE

SIBBY BOS

KELOWNA, BC | KELOWNA SECONDARY | 5'11" | Outside HITTER/MIDDER



Sibby Bos
Capilano College

Sophie Lachapelle
SFU



Anya Pemberton, Lexi Prefontaine, Amelia Anderson, Maddy Hettinga and Sophie Lachapelle have all come to agreements with University Programs.

Sarah Hall, Sarah Demers, Thea Gremmin - UBCO
Madison Shanks - Carlton University
Jaela Ward - Briercrest University
Sarah Watson - Douglas College



GoHeat.ca

UBCO HEAT

@U...

Abigail Hettinga

Abi starred for the Kelowna Owls, joins sister Madelyn, the reigning Canada West Rookie of the Year, on head coach Steve Manuel's squad and will provide the Heat with another talented student-athlete who can make an impact all over the court.

"I chose the Heat because it has always been my dream to be able to play volleyball and go to school in the town I grew up in. I remember going to Heat games when I was younger and thinking to myself what an experience that would be and wondering if I would ever get to feel it. The coaches and community are truly another family to me and the atmosphere on the team is unlike any other. When I was offered an opportunity to be a part of that, I didn't have to think twice about it."

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